

S.T.A.R.T. First Aid



(Stop, Think, and Act Responsibly Today)

NC SCHWEITZER FELLOWS PROGRAM

Anita Unnithan & Brandy Edwards 2008 Fellows



Through the support of the North Carolina Schweitzer Fellows Program, the S.T.A.R.T. First Aid was taught to about 150 students ranging from ages 5-13 years old in Greenville, NC.

The goals of our project included the following:

(1) To target the youth of Greenville, NC who currently in Pitt County have limited exposure to first aid through the school system. We focused on two groups: students of the Summer Significance Academy and students of Operation Sunshine.

(2) To teach basic first aid via locally accessible instruction through our S.T.A.R.T. (Stop, Think, & Act Responsibly Today) First Aid program. Through educational games, role playing, use of manikins, and tangible first aid tools, we tried to provide both entertaining and highly instructive practice in first aid. We also provided our program free of charge to our students.

Our hands-on curriculum was developed around our 5 lesson plan outline which is as follows:

Lesson 1: Call for Help, Personal safety, Hand Washing

Lesson 2: Heat Exhaustion, Broken Bones

Lesson 3: Bleeding, Animal Bites, Poison Ivy/Oak

Lesson 4: Choking/Rescue Breathing, Tooth care

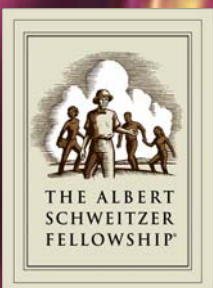
Lesson 5: Daily Personal Hygiene



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